



# National Nutrient Database for Standard Reference

## Release 28 slightly revised May, 2016

### Statistics Report 01205, Cream substitute, flavored, liquid

Report Date: July 11, 2017 14:39 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<strong>Proximates</strong>													
Water	g	50.06	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Energy	kcal	251	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Energy	kJ	1049	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Protein	g	0.69	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Total lipid (fat)	g	13.50	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Ash	g	0.55	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Carbohydrate, by difference	g	35.07	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Fiber, total dietary	g	1.1	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Sugars, total	g	33.04	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
<strong>Minerals</strong>													
Calcium, Ca	mg	6	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Iron, Fe	mg	0.59	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Magnesium, Mg	mg	19	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Phosphorus, P	mg	28	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Potassium, K	mg	96	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Sodium, Na	mg	67	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2013

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Zinc, Zn	mg	0.25	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Copper, Cu	mg	0.142	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Manganese, Mn	mg	0.142	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Selenium, Se	µg	0.7	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Fluoride, F	µg	35.9	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
<b>Vitamins</b>													
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Thiamin	mg	0.004	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Riboflavin	mg	0.024	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Niacin	mg	0.091	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Pantothenic acid	mg	0.010	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Vitamin B-6	mg	0.004	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Folate, total	µg	1	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Folic acid	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Folate, food	µg	1	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Folate, DFE	µg	1	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Choline, total	mg	0.5	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Betaine	mg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin A, RAE	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Retinol	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Carotene, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Vitamin A, IU	IU	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Lutein + zeaxanthin	µg	1	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Vitamin E (alpha-tocopherol)	mg	1.58	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin D3 (cholecalciferol)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone)	µg	3.3	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
<b>Lipids</b>													
Fatty acids, total saturated	g	2.635	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
10:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
12:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
14:0	g	0.040	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
16:0	g	1.955	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
18:0	g	0.636	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Fatty acids, total monounsaturated	g	4.002	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
16:1 undifferentiated	g	0.026	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
18:1 undifferentiated	g	3.976	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Fatty acids, total polyunsaturated	g	6.269	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
18:2 undifferentiated	g	5.905	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
18:3 undifferentiated	g	0.364	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Phytosterols	mg	20	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007

## Amino Acids

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Tryptophan	g	0.010	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Threonine	g	0.027	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Isoleucine	g	0.027	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Leucine	g	0.042	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Lysine	g	0.034	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Methionine	g	0.007	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Cystine	g	0.008	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Phenylalanine	g	0.033	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Tyrosine	g	0.026	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Valine	g	0.041	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Arginine	g	0.039	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Histidine	g	0.012	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Alanine	g	0.032	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Aspartic acid	g	0.068	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Glutamic acid	g	0.103	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Glycine	g	0.031	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Proline	g	0.029	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Serine	g	0.030	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
<b>Other</b>													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Caffeine	mg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Theobromine	mg	100	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007